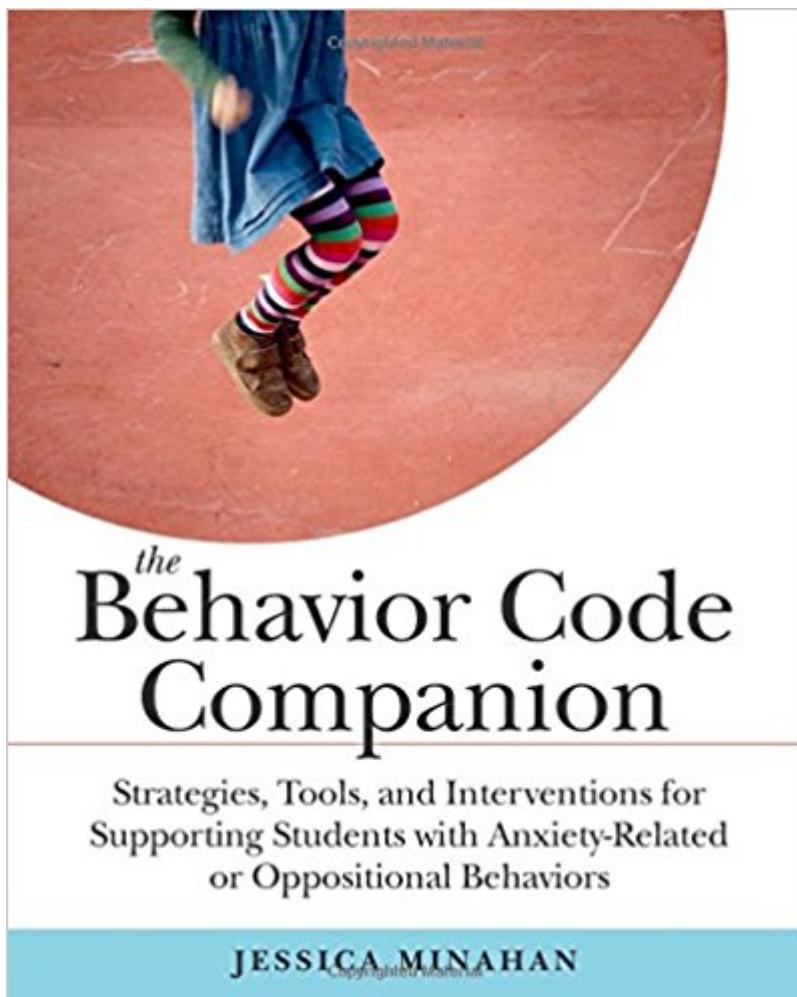


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# **The Behavior Code Companion: Strategies, Tools, And Interventions For Supporting Students With Anxiety-Related And Oppositional Behaviors**





## Synopsis

Since its publication in 2012, *The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students* has helped countless classroom teachers, special educators, and others implement an effective, new approach to teaching focused on skill-building, practical interventions, and purposeful, positive interactions with students who have mental health disorders. Based on the success of the previous book, author Jessica Minahan has written this companion guide for educators seeking additional guidance for creating and implementing successful behavior intervention plans (âœFAIR Plansâ•) for the students teachers worry about the most: those with anxiety-related or oppositional behaviors. Minahan takes readers step-by-step through the process of understanding and practicing the components of a FAIR behavior intervention plan so that they or a team can immediately customize it and put it to work in classrooms. Additional tips on creating interventions, as well as checklists to help with implementation and monitoring progress, are also included. Packed with brainstorming and reflection exercises, planning activities, templates, case studies, recommended apps, and other technology resources, *The Behavior Code Companion* will help educators create optimal classroom environments for all students.

## Book Information

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## Customer Reviews

Teachers throughout our school system have found *The Behavior Code* strategies and interventions to be highly effective in supporting students with mental health issues. *The Behavior Code Companion* adds tremendously to any educator's toolbox as it provides real, concrete, and doable

strategies and interventions, including activities and exercises. This book offers essential, easy-to-implement, professional development for every teacher struggling with inappropriate student behavior. -- --Heather D. Larkin, assistant superintendent for special education and student services, New Bedford Public Schools, Massachusetts

Building on the success of *The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students*, Jessica Minahan provides this essential guide for educators seeking additional help in supporting students with mental health disorders. *The Behavior Code Companion* leads readers step-by-step through the creation of successful intervention plans, and includes strategies and tools that can be customized for their students. Packed with planning exercises, case studies, and recommended resources, this practical guide will help educators create an optimal classroom environment for all students. "The Behavior Code Companion is an invaluable resource for parents, teachers, administrators, and related service providers, filled with tools that allow for effective and positive modification of challenging and interfering behaviors while preserving the child's dignity." Alexandre Cron, special education teacher, New York City  
"Jessica Minahan translates complex knowledge about challenging behavior so that teachers and administrators have tools and strategies they can immediately implement. *The Behavior Code Companion* is a game changer that will help all schools that think they have run out of ideas." Michael Cordell, chief academic officer, KIPP DC  
"Minahan provides so many creative and reasonable ways to overcome seemingly insurmountable obstacles that she makes me want to go back to public school teaching! What a much better place schools would be if all school personnel and mental health professionals used this book!"  
"Jeannie Golden, psychologist, behavior analyst, and associate professor, East Carolina University  
"The Behavior Code Companion offers brilliant insight into mental health issues in the form of practical, research-based interventions teachers can actually implement."  
"Vaughn C. Kauffman, former director of special education, Helena, Montana  
Jessica Minahan is a board-certified behavior analyst and special educator who serves as the director of behavioral services at the Neuropsychology & Education Services for Children & Adolescents group practice in Newton, Massachusetts, and as a consultant to clients nationwide. She is coauthor of *The Behavior Code*.

This provides great ideas and strategies for working with difficult students in the classroom.

An excellent book with practical strategies!

Arrived in perfect condition

I absolutely love this book and the first book! Such helpful practical tips!

perfect

(I suggest getting the original book before this one) This is a wonderful resource to have. Contains some great advice, but be sure to get the original book first , as this one references a lot of information in the first book.

I was SO excited to get this book and am not disappointed in the least! It has replaced the The Behavior Code as my go to resource when supporting tricky students. Here are a few reasons why this book has helped me be a better teacher (and mom):\*Tools that can be understood and used immediately\*How anxiety-related behaviors impact students and easy to implement strategies that are really effective!\*Case studies that are springboards to creating effective intervention support plans.\*Progress monitoring tools that measure if the interventions are effective!\*Clearly outlined components of a transition and how to support all students be successful with the numerous transitions they incur in the school day.\*The IEP goals and objectives included in the book are fantastic templates\*Protocols for unsafe behaviors\*Comprehensive list of helpful apps

The Behavior Code Companion is a well-written and extremely useful follow-up to The Behavior Code. As a school psychologist, I have seen increasing numbers of students with anxiety-based and oppositional behaviors, and teachers doing their best to understand and meet the needs of these children throughout the day. My school received training with the concepts of The Behavior Code a few years ago which was very successful, and the additional information presented in this new book by Jessica Minahan will translate perfectly to reviewing these ideas and putting interventions in place effectively. I know I will be referring to it often when consulting with teachers to analyze and understand their students' behaviors and then develop a FAIR behavior plan tailored to that student. This book also includes many important resources which can be used immediately, such as sample IEP goals, templates for FAIR plans, different types of accommodations, protocols for unsafe behaviors, and useful Apps. In addition, there are checklists for assessing the fidelity with which interventions are being implemented and monitoring the efficacy of different interventions.

The Behavior Code Companion is a wonderful resource for classroom teachers, administrators, special educators, school mental health professionals, and parents as well.

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